

TOOLS FOR INDEPENDENT LIVING



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A TOOLKIT FOR INDEPENDENCE

By Melvyn R. Tanzman, Executive Director

Welcome to Westchester Disabled On the Move's first newsletter for 2007. As a self-help organization WDOMI agrees with the old adage, "Give a man a fish; you have fed him for today. Teach a man to fish; and you have fed him for a lifetime." When you come to our Independent Living Center, our advocates try to teach you how to advocate for yourself, rather than just advocating for you. When necessary, our advocates will intervene; however, nothing is more satisfying to us than to have a consumer learn how to take on the system themselves. In this spirit, look at our ongoing newsletters as a "how-to" manual on independent living. If you don't understand something, or you hit a barrier, you can always call on our "experts" for help. Most of our experts are your peers who have developed their expertise through their own personal struggles to enhance their independence and are passing these life lessons on to others.

There are many self advocate role models in our community and I am proud to have many of them on our staff and on the Board of Directors of Westchester Disabled On the Move, Inc. Sadly, we lost one such role model late in 2006 with the unexpected passing of our Board member Maureen Keating-Tsuchiya. Simply stated, Maureen was a ball of fire, and a one-woman barrier-removal crew. She challenged governmental officials and businesses to use the Americans with Disabilities Act as a starting point and then to go the extra mile. The ADA doesn't mandate the use of power door openers in public places; however, Maureen educated anyone who would listen (and some who wouldn't) about the importance of this technology to people with mobility impairments. Maureen's advocacy preceded the passage of the ADA, in fact she was present at the White House when it was signed by the first President Bush.

Maureen's spirit remains in the philosophy of our ILC. In that spirit WDOMI has decided to recognize Maureen posthumously with our "Advocate of the Year" award to be presented on October 11, 2007. In addition, the Advocate of the Year Award will henceforth be called the "Maureen Keating Tsuchiya Advocate of the Year Award." For more information about the October Spirit of Independence Awards Dinner contact Claudia Slater at 914-968-4717 Ext. 21.

(CONTINUED ON PAGE 3)

Do you want to become an advocate and be recognized for your efforts? We will teach you how to advocate for yourself and hope you will partner with us to advocate for people with disabilities in general. **BECOME A MEMBER OF OUR SYSTEMS ADVOCACY NETWORK** and add your voice to the hundreds of others across New York State. For information on the Systems Advocacy Network and the issues we are addressing contact Meghan Schoeffling at our office, extension 13. To review the New York Association on Independent Living's (NYAIL) Disability Priority Agenda on the internet go to www.ilny.org or call Meghan and she will send you a copy.

Finally, New York has its first new Governor in 12 years. Governor Elliot Spitzer has promised to shake things up in Albany and to make government more responsive to the needs of ordinary citizens, including those with disabilities. While his actions will speak louder than his words, I am encouraged by his new ideas. An example is his "Patients First" speech on Health Care delivered on January 26,

2007. In this speech Governor Spitzer vows to reform health care in New York. "Our agenda is based on a single premise: patients, not institutions, must be at the center of our health care system. That means that every decision, every initiative and every investment we make must be designed to suit the needs of patients first. The result will be a high-quality health care system at a price we can all afford. This guiding principle stands in stark contrast to the principle that has guided health care policy for the last decade. Instead of a "patient-centered" approach to health care policy driven by the needs and demands of New Yorkers, we have had an "institution-centered" system." These are powerful and promising words. To read the full speech on the internet go to http://www.ny.gov/governor/keydocs/0126071_speech.html.

I wish you a healthy and empowering 2007. Look for the announcement of WDOMI's Annual Meeting scheduled for June 19, 2007. I look forward to seeing all of you there!

Are you interested in volunteering at WDOMI?

Please contact Claudia Slater

at 914-968-4717 ext. 21

Who's Who At Westchester Disabled On The Move, Inc.

By Sherry DeFrancesco

Often our consumers get confused or unsure who they should contact at Westchester Disabled On the Move, Inc. when they have a question or are in need of assistance. Here, I will provide a brief description of our programs and services; the staff member who runs that program and/or is available to answer questions; and their contact information. Please remember, you are always welcome to call us even if you are not sure who to speak with. Someone is always available during business hours to assist you.

I would like to take this opportunity to inform you that I am no longer working as the **Disability Program Navigator** through the **One-Stop Employment Centers**. However, **Scott Barber** and **Siva Kessler** have taken over that role, and they are available to work with you on employment-related issues. I am proud to announce that as of November I have been promoted to the **Administrative Director** of Westchester Disabled On the Move, Inc. I look forward to working closely with the management team to provide you with the quality service you can expect from our staff.

While Scott Barber and Siva Kessler are sad to see the Benefits Planning, Assistance and Outreach (BPA&O) program come to an end, their knowledge of disability benefits and work incentives will help you as you work with them through the One-Stop Employment Centers in White Plains, Mount Vernon and Carmel where they now run the Disability Program Navigator initiative. This means that Scott and Siva can help you navigate the complex One-Stop system to ultimately find a job. The One-Stops are an excellent resource for our consumers to find available job postings; attend workshops on basic computer programs, resume writing and career exploration; and career counseling services. In some instances, the One-Stop can assist you with training opportunities and more. To make an appointment to sit down with Scott Barber or Siva Kessler to discuss your future career aspirations and receive support and assistance on how to navigate the One-Stop system call Scott at (914) 968-4717 ext. 11, or Siva ext. 19. scottb@wdom.org, sivak@wdom.org.

Scott Smith is the center's **Program Director**. Besides supervising the direct services staff and programs, Scott works directly with consumers. He has many years of experience in the field of disability, and a wide range of knowledge on how to best assist people's needs. Some of his areas of expertise include the ins and outs of applying for disability benefits like SSI and Medicaid; representing consumers at benefit appeal hearings; a sexual awareness program for people with developmental disabilities; and peer counseling. Scott has a Master's Degree in Social Work, and has a comprehensive understanding of people with disabilities and the issues we deal with on a day to day basis. To contact Scott call (914)968-4717 ext. 12.

Meghan Schoeffling is the center's **Housing Advocate**, as well as the **Systems Advocate**. Westchester Disabled On the Move, Inc. does not provide housing for people. Meghan directs people to programs and services that will help you locate affordable and accessible housing. She has extensive knowledge and expertise in section 8 and housing subsidies that can enable people to live independently. The Systems Advocacy Network is a statewide network of people who are aware of legislation that affects people with disabilities. The Systems Advocacy Network sends letters and makes phone calls when an action alert goes out about legislation to either support or oppose legislation. Meghan is always looking for more volunteers to participate in the Systems Advocacy Network, so have a voice and join Meghan by calling her at (914) 968-4717 ext. 12 meghans@wdom.org.

Westchester Disabled On the Move, Inc. partners with the Yonkers Public Schools. **Phillip Dyson** is the **High School Transition Coordinator** where he visits Special Education classrooms to assist the students in life after high school planning and coordination. He also meets with students and their parents one-on-one at the center. Phil has many resources to offer students and their parents to help with this process. Each year at Saunders High School, Phil holds a transition conference where

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information and many resources are available to answer your questions. This year the conference will be held on March 15th from 3:30 to 7 PM. For more information and high school transition services, contact Phil at (914) 968-4717 ext. 25 phild@wdom.org.

Westchester Disabled On the Move, Inc. also offers **nursing home diversion and transition services**. We do not currently have a designated staff person to run this program, so our **Executive Director-Mel Tanzman** assists people to get out of institutions and live back in the community with the services needed to do so. If you know someone

who is in jeopardy of becoming institutionalized or someone who wants to go home to live back in the community, please call the center.

Often, our consumers need a variety of services to continue living independently or to get back their independence. Our staff is here to assist you and work together in a collaborated effort to meet your needs. So please feel free to give us a call at (914) 968-4717 and speak to our **resource specialist, Joe Loro**, to answer your questions or refer you to the correct person or agency that can assist you in your journey to freedom and independence.

WHAT'S NEW WITH THE METRO CARD

On April 1, 2007, the Westchester Beeline buses will be equipped to accept the Reduced Fare Metro card. This card has been used by senior citizens and people with disabilities traveling on New York City buses and subway system for years. This card is a special card with the user's photo on the back and an ID number assigned specifically to that individual. Now, seniors and persons with disabilities will be able to travel throughout Westchester County and New York City without having to carry coins or dollar bills.

One Important Change

There is one important change to note. With the arrival of the Reduced Fare Metro card to Westchester, Beeline buses will no longer accept dollar bills. You will need to pay your fare with coins or use the Metro card. For those of you who do not wish to obtain a Metro card, you'll still be able to ride the Beeline buses for half fare, provided you have a half fare ID card which can be obtained through Westchester County. The cost to use your half fare ID card will not change. You'll still be able to ride for 85 cents and transfers will remain at 10 cents. However, should you decide to obtain a Reduced Fare Metro card, single one way trips will cost one dollar and you'll automatically receive a transfer on your card which can be used to transfer to another Beeline bus, New York City bus, or the subway.

There are several options for people using the Reduced Fare Metro card when placing money on their card. The user can place any amount on the card, for example ten dollars, which will be deducted by one dollar each time the card is used until the ten dollar amount has been used. The individual will then need to refill the card in order to use it again. If you choose to put money on your card as needed, there is a feature which benefits you. Placing ten dollars on your Metro card for example will give you an additional two rides. The user can also obtain "unlimited rides" for approximately one week period or a one month period. The cost for one week unlimited rides is \$12 and for one month unlimited rides is \$38. For those of you who travel using Beeline buses regularly to and from work or school, I would recommend that you plan on taking advantage of the one week or one month unlimited ride option. This will ensure for that one week or one month period you won't have to worry about your fare. Those of you who rarely venture into New York City using public transportation may want to consider continuing to use coins. However, why do that if you can avoid using coins by using the Metro card.

To apply for the Reduced Fare Metro card, you can call 1-800-METROCARD, Beeline Bus at 914-813-7777, or go on line at www.mta.info.

Phillip Dyson, Transition Coordinator
phild@wdom.org

A STEP-BY-STEP GUIDE TO ORDERING MOBILITY EQUIPMENT

Purchasing mobility equipment such as wheelchairs need not be a tiresome, overwhelming task. In this Step-By-Step Guide I have provided an explanation of each step so that obtaining appropriate equipment isn't a nightmare.

Step 1: Physician's Documentation

Because this equipment is considered by insurance companies as durable medical equipment, it is essential in the first step to obtain a physician's prescription for a wheelchair, walker, or cane. This prescription should contain the specifics of what the patient needs, with respect to the medical equipment wanted, for example, an elevated leg rest and swing away foot plates. The clearer the prescription is written the easier it will be for the provider to obtain the equipment.

Step 2: Finding A Vendor

A vendor is someone who has experience in the purchasing, evaluation and maintenance of equipment. A vendor can be a rehabilitation hospital such as Burke or Helen Hayes or a private home care equipment business. They have unique experience in negotiating with insurance companies and or Medicaid/Medicare. They will also advocate for the patient when there is a problem with these entities.

Step 3: Insurance

You need to provide the vendor with your insurance information to begin the process of ensuring payment for the equipment. Wheelchairs and/or walkers are very expensive thus the vendor requires prior insurance approval.

Step 4: Prior Approval

Prior to a vendor or rehabilitation hospital purchasing any durable medical equipment, prior approval

from insurance companies, Medicaid or Medicare is required. Difficult to obtain or missing documentation will be submitted to the insurance company by the vendor when necessary. It is imperative to purchase your equipment through a vendor so that this process can be smooth.

Step 5: Choosing the Right Equipment

If you have followed the first four steps successfully, then you should be ready to choose the equipment that will meet your needs successfully and comfortably. There are many products to choose from. The vendor should be able to recommend something quite comfortable and usable.

The New York State Motorized Wheelchair Lemon Law

Important for all motorized wheelchair users. New York State currently has a law that protects motorized wheelchair users against lemons. Please refer to New York Motorized Wheelchair Lemon Law: A Guide for Consumers, written by Colon Mindell, Assistant Attorney General, and Director of Consumer Advocacy. This information is also available online at http://www.oag.state.ny.us/health/wheelchair_law.html.

For more information regarding purchasing equipment please contact **Scott Smith, Program Director** at 914.968.4717 ext. 12 or scotts@wdom.org.

WHAT YOU NEED TO KNOW ABOUT ACCESSIBLE HOUSING

Very often when a person becomes disabled, they are left with a real problem which is that the home they are living in is not accessible. Anybody with a mobility impairment knows how difficult it is to find accessible and affordable housing in Westchester. So, what do you do if you find yourself in need of an accessible home and the one you're living in is not

accessible? Well, first of all, there are resources out there to assist people who need to make their house or apartment accessible. First, there is the Access To Home Program. This program is for people who either rent or who own their own homes and who need home modifications in order to remain there.

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WHAT YOU NEED TO KNOW ABOUT ACCESSIBLE HOUSING (CONTINUED FROM PAGE 6)

The Access To Home Program provides financial assistance to build ramps, widen doorways, lower counter tops or any other necessary modifications up to \$25,000. Although the funding for this program is very limited, it can be an excellent resource for some. If you are currently living in a house or apartment that is in need of modification, please contact our agency as we handle all preliminary applications for this program.

What if my landlord is refusing to allow me to modify my apartment to make it accessible? Well, that's easy, it is against the law. In the Fair Housing Act it makes it unlawful for a landlord to refuse a tenant with a disability to make reasonable accommodation to the home, at the expense of the disabled person, as long as it is necessary to ensure the use and enjoyment of the premises.

What if I cannot afford to modify my residence and I am unable to get funding from the Access To Home Program? Many people with disabilities live on fixed incomes and cannot afford to modify their residency and again, the Access To Home program is very lim-

ited in its funding. Then one must start the search for an apartment that is already accessible. Anybody who has been in the position knows how incredibly difficult it is to locate accessible and affordable housing. Section 504 of the Rehabilitation Act of 1973 guarantees that any multi family dwelling (5 families or more) set aside 5% of the units for people with mobility impairments and 2% for people with sensory impairments. This should make it easier for people to find accessible apartments; however, this is tough to enforce. The Rehabilitation Act of 1973 is a Federal Law. Advocates have been working hard to get Section 504 put into New York State Human Rights law and enforceable by the Department of Housing and Community Renewal (DHCR). This would go a long way to ensuring that these set asides go to people who need them. Advocates have been working for years to get this bill passed in Albany.

If you are interested in advocacy work regarding accessible housing or any other disability related issues, contact **Meghan Schoeffling** at 914. 968.4717 ext. 13 or via E-mail at meghans@wdom.org

YOU DON'T HAVE TO TAKE "NO" FOR AN ANSWER FROM ANYONE

It is a well known fact that health insurance companies, social service agencies, and healthcare service providers use the force of the word "NO" to intimidate self-advocates from pursuing their quest for services.

There are several reasons why they use this tactic:

1. Statistics show that 70% or higher of the individuals who are denied benefits or services will accept the decision. *This statistic is regardless of having a disability.*
2. Denial of services is a way to lighten the service workers' case load.
3. Most importantly, denying services saves the agency or company money.

What you need to do to change a "NO" to a "YES":

1. Understand what services you are requesting and make sure you are asking for them from the correct agency or company.
2. Make sure you are entitled to receive whatever you are asking for and that it is in writing - - not that you heard from someone that you can get whatever you need. (You should familiarize yourself with what you are entitled to from a company or agency in the early stages of working with them.)
3. Write a letter to request a hearing on the decision denying the services you are requesting. Remember if you bothered to request

(CONTINUED ON PAGE 8)

the services then necessity requires that you fight to receive them.

4. Understand that not accepting "NO" is the power you have. Fighting denials often result in a "NO" changing to a "YES." Often an insurance company will deny what they know will be overturned on appeal, playing the odds that you will not appeal.

Essential to this process:

1. Understand why you are being denied services. Everyone is entitled to understand. If you do not understand the reasons for their decision, ask for help! Everyone in this world doesn't understand everything.
2. This kind of "help" is called your "support network." These people are family members, friends and advocacy agencies such as Westchester Disabled On the Move, that can

ensure that you understand what you are being denied and help advocate for your position.

3. Being committed to understanding the issues is the ammunition you need in "your belt" to get what you need.

This article was written to encourage all individuals regardless of having a disability to be relentless with their self-advocacy - - because at the end of the day - - you are worth it!

For further assistance please call Westchester Disabled On the Move at 914.968.4717 and you will have begun the first step to receiving the support you need.

Claudia Slater,
Public Affairs and Development Director

THE MIRACLE LEAGUE OF WESTCHESTER

The Miracle League of Westchester (MLW) is a baseball league for children and adults with special needs that enable them to play baseball on a specially designed adaptive field. MLW was founded in 2005, with the mission of creating a modified baseball program for children and young adults with disabilities in Westchester County.

MLW's mission is to establish and sustain baseball programs for people of all ages with disabilities. The organization's objective is to provide an opportunity for those individuals to experience the joy and benefits that come from playing our national pastime. MLW would like to help the players in developing their social skills and increasing their self-esteem, at the same time promoting community support and sponsorship for the league. The players are each given a buddy to assist them in the game. Both the players and the buddies benefit physically and socially from the relationship. The buddy is there to protect the player from hit balls; and assist the player in batting and running the bases. This establishes a friendship on and off the field.

Thanks to the generosity of the County of Westchester and the Westchester County Parks Department, MLW plays its games at a brand new rubberized facility at Ridge Road Park in Hartsdale, New York. This year the League will introduce three seasons with an adult league starting in the summer. The proposal is for youth under 21 to play 6 weeks in spring and fall. The adults are scheduled for July & August.

For more information on The Miracle League of Westchester please visit www.mlwny.org. For further information or to register contact Patti Barnes at Patti13@aol.com or 914.937.2447 or Evan Latainer at ehl2@westchestergov.com or 914.995.2958 or Steve Madey at SMadey@optonline.net or 914.960.6319. You can also find the registration information online at <http://eteamz.active.com/mlwny/>.

Scott Barber, Disability Program Navigator
scottb@wdom.org

WESTCHESTER NETWORK FOR PEOPLE WITH DISABILITIES

JCC ON THE HUDSON • 371 SOUTH BROADWAY • TARRYTOWN, NY 10591

(914) 366-7898

2007 CALENDAR

<p>March 11, 2007</p> <p>The Emelin Theater 2 Library Lane, Mamaroneck, NY "Forbidden Broadway/Special Victims Units" Meet at the Theater – Cost: \$30 per person</p>	<p>August 11, 2007</p> <p>Six Flags and Safari New Jersey Leave the JCC at 11:30 AM/Return to JCC at 5:00 PM Cost: \$40 per person – bring/buy own lunch</p>
<p>April 5, 2007</p> <p>Grease – Westchester Dinner Theater 1 Broadway Plaza, Elmsford, NY Meet at the Theater Dinner 6:00 PM / show ends at 10:15 PM Cost: \$35 per person for dinner and show</p>	<p>August 18, 2007</p> <p>Dutchess County Fair Leave the JCC at 10:00 AM/Return to JCC at 8:00 PM Cost: \$12 per person - bring/buy own lunch</p>
<p>April 28, 2007</p> <p>Ability Expo Edison, NJ Leave JCC at 10:00 AM / Return to JCC at 6:00 PM Cost \$5.00 per person – Bring/buy own lunch</p>	<p>September 9, 2007</p> <p>Picnic and Flea Market Riverfront Park at the Dobbs Ferry (NY) Train Station Meet at the Dobbs Ferry Train Station at 12:00 Noon Event will end at 4:00 PM Cost: \$5 per person – Picnic Lunch is Provided</p>
<p>May 12, 2007</p> <p>Botanical Gardens Leave JCC at 10:00 AM / Return to JCC at 5:00 PM Cost: \$11 per person - Bring/buy own lunch</p>	<p>October 7, 2007</p> <p>Riverfest Yonkers Waterfront (Next to Yonkers Train Station) Meet in front of the Yonkers Library at 2 PM (Across from Train Station) Free – bring/buy own lunch/dinner – Event will end at 7 PM</p>
<p>June 9, 2007</p> <p>Central Park New York, NY Leave JCC at 10:00 AM / Return to JCC at 5:00 PM Cost: \$5 per person – bring/buy own lunch</p>	<p>November 10, 2007</p> <p>Palisades Mall Leave the JCC at 4:00 PM/Return to JCC at 10:00 PM Free - bring/buy own dinner</p>
<p>June 23, 2007</p> <p>South Street Seaport New York, NY Leave the JCC at 10:00 AM/Return to JCC at 6:00 PM Free – bring/buy lunch – (optional boat trip \$12)</p>	<p>December 15, 2007</p> <p>Chelsea Piers New York, NY Leave the JCC at 11:00 AM/Return to JCC at 6:00 PM Cost: \$10 per person (includes lunch)</p>
<p>July 7, 2007</p> <p>Lake Compounce (Amusement Park/Water Rides) 822 Lake Ave., Bristol CT Leave the JCC at 9:00 AM / Return to JCC at 6:00 PM Cost: \$21 per person - bring/buy own lunch</p>	<p>Any Questions? Call Project Director, Tricia Gressel At (914) 366-7898 Extension 144</p>

WORK – LIFE BALANCE

What is Work – Life Balance, why is it important, and how does one achieve it?

Work – Life Balance can be defined as a “quality of life” which is created by striking a balance between one’s work and personal lives. It relates to an individual flourishing at the workplace as well as in their life outside work.

In many instances the days of the 9-5 job are over. Many individuals work extended hours that include, working late into the evening, working weekends, and working through their vacations. This creates problems for single parent households and two parent homes in which both parents are working in addition to persons who live alone and childless couples. There are increasing problems in the areas of eldercare, childcare, after-school activities for the kids, and general up-keep of the home, not to mention burnout both at work and at home. Hence the matter of quality of life or lack thereof.

Many workplaces are developing strategies to deal with these issues. They are becoming more flexible and creative and are working individually with their employees to meet their needs, as well as those of the organization. On site childcare, on site gyms, gym memberships, flexible work schedules and job sharing are a few of the ways organizations are helping employees to develop Work – Life Balance. This

process is subjective and needs to be tailored to the individual as individual circumstances vary.

To begin this journey, draw a circle and create a pie chart, to analyze how and where you are spending your time.

Establishing balance in regards to work

1. a person can take responsibility for themselves
2. slow down and simplify your life by taking on less responsibility
3. learn to say no
4. negotiate changes with your employers
5. find a new career or a new job

Establishing balance in regards to personal life

6. learn to better manage time
7. learn to let things go
8. create a space on the chart for leisure activity
9. nurture personal relationships

Don’t forget this is a process so relax, take your time and enjoy the journey.

Siva Kessler
Disability Program Navigator Assistant
sivak@wdom.org

**WOULD YOU LIKE TO RECEIVE
“ON THE MOVE”?**

Please contact Westchester Disabled On the Move to be added to our mailing list. Contact us by telephone at 914-968-4717.

**On The Move editions are published in
Spring and Fall.**

HELPFUL RESOURCES

Ability Beyond Disability
(914) 242-0600

AL-Anon
(212) 941-0094

Alcoholics Anonymous
(212) 647-1680

A Ride for All
(718) 706-7433

Beeline Bus System
(914) 813-7777

Boys and Girls Club
(914) 423-9736

Budget and Credit Counseling Services
(212) 675-5070

Burke Rehabilitation Hospital
(914) 597-2500

Camp Pride
(914) 377-6438

Catholic Charities
(914) 476-2700

Commission For the Blind and Visually Handicapped
(914) 993-5370

Disability Program Navigator
(914) 968-4717

Dept. of Senior Program and Services (HEAP)
(914) 813-6300

Family Services of Westchester
(914) 937-2320

Family Service Society of Yonkers
(914) 963-5118

Food Patch
(914) 923-1100

Golden Crown Driving School
(914) 949-0419

Music Conservatory of Westchester
(914) 761-3900

Northern Westchester Center for the Arts
(914) 241-6922

Office for the Aging
(914) 813-6400
(800) 342-9871

Salvation Army Community Center
(914) 631-1338

Section 8 Program – Yonkers
(914) 793-8400 x132

Social Security Office
(800) 772-1213

South East Consortium for Special Service
(914) 698-5232

SPARC Program and Resource Connection
(914) 243-0583

Special Program and Resource Connections
(914) 243-0583

Unemployment Insurance
(888) 209-8124

VESID
(914) 946-1313

Victims Assistance Services
(914) 965-0217

Volunteers of America
(914) 741-2200

Westchester ARC
(914) 428-8330

Westchester ARC-Recreation Dept.
(914) 949-9300

Westchester Art Workshop
(914) 606-7500

Westchester Jewish Community Services
(914) 761-0600

Westchester Coalition for the Hungry and Homeless
(914) 682-2737

Yonkers Dept. Parks and Recreation
(914) 377-6428

Detach and Save



ON THE MOVE
Spring 2007



**984 North Broadway
Suite L-01
Yonkers, NY 10701**

**(914) 968-4717 (phone)
(914) 968-6137 (fax)
info@wdom.org**

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Save the Date

Thursday, October 11, 2007

Westchester Disabled On the Move, Inc.

Celebrating over 20 years of People Empowering People

Honors

Assemblywoman Amy R. Paulin
Spirit of Independence Award

Maureen Keating Tsuchiya (posthumously)
*Maureen Keating Tsuchiya Advocate of the Year Award
(Formerly The Advocate of the Year Award)*

*6:00 – 9:00 pm
The Crowne Plaza, White Plains, New York*

For reservations call Claudia Slater at 914.968.4717 x-21 or email to claudias@wdom.org